ETHOS COMMITTEE NEWSLETTER 2024/25 **Autumn Term One – Personal Growth**



16th October

Today our newly elected Ethos committee met for the first time. The focus of the meeting was on the way the school helps the children to grow in themselves. Prior to the meeting the Ethos counsellors had spoken to the children in their class to gather their views on the subject. The committee looked at their feedback and considered what actions the school might take to further develop this important part of our school life. You can see some of the ideas below:

Q1. How do you feel that the school has helped you to grow as a person this half-term?

Y6: PSHE has helped us to be thankful for what we have and learning not to take things for granted

Y6: RE lessons have helped to give us a different perspective on things.

Y6: The class charter has helped us understand how our behaviour can affect others.

Y5: The school has helped us understand how to stay safe and how to conduct ourselves online.

Y5: The Wardley Way helps us think about our actions and choices.

Y4: Our mindfulness work has helped us relax and be calm.

Y3: Our work with the Hummingbird Project has helped us.

Y2: In mindfulness we are taught how to breathe properly and it helps us calm down and control our emotions.

Y2: We leant how to be good learners in PSHE.

Q2. What else could the school do to help your personal development?

The representatives had gathered lots of fantastic ideas from their classes. These were all discussed and then as a committee the following actions were agreed upon:

- The book and biscuit club will be opened up at lunchtime play as well as morning play to allow classes to come in, on a weekly rota, and relax inside with a book. There will also be the opportunity to read outside in God's Garden and take part in mindfulness colouring activities These will be supervised by the Y6 Senior Pupils.
- Prior to a school holiday, there will be a reminder given to the children about personal safety to keep everyone safe whilst they are away. This will cover things like online, open water and road safety. The Ethos Committee: Leo, Beckett, Lucy, Ollie,

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